

All-In-One Sunflower Oil Popcorn Kits

Sunflower Oil Popcorn is a School Smart Choice

New formulation meets 2016 USDA's
"All Foods Sold in Schools" standards

- 32% calories from fat
- 0 grams of trans fat
- Zero cholesterol ✓ *Great Taste*
- Peanut free ✓ *Healthier Choice*

No Guessing Involved

All-In-One is the quick, easy way to pop consistently great-tasting popcorn. The perfect amount of corn, oil and salt is premeasured for you in one convenient package resulting in perfect popcorn every time! The Harlan's All-In-One portion control pack is made with the finest high quality popcorn, plus, the all-in-one design means less waste and easy ordering.



Whole
Grain

NON
GMO

NEW
Formulation Meets
USDA Standards

Harlan's™
popcorn

Nutrition Facts

Serving Size: 2 Tbsp. (33g) Unpopped
Makes 5 Cups Popped
Servings Per Package: About 12.5

Amount/Serving	As Packaged 2 Tbsp. Unpopped	%DV*
Calories	140	
Calories from Fat	45	
Total Fat 5g	8%	
Saturated Fat 0.5g	2%	
Trans Fat 0g		
Cholesterol 0mg	0%	
Sodium 200mg	8%	
Total Carb. 20g	7%	
Dietary Fiber 4g	15%	
Sugars <1g		
Protein 3g		
Vitamin A	15%	
Vitamin C	0%	
Calcium	0%	
Iron	6%	

*Percent Daily Values are based on 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

Nutritional information based on
14.75oz sunflower oil kit.



We provide the products. You create the moments.



harlansUSA.com

Seattle/Anchorage - 800-848-0150

Contact your Harlan's representative for all the details.